

NZHPA Pharmacists in Mental Health Special Interest Group Seminar: Recovery and Resilience

29-30th July 2017

Beaven Lecture Theatre
Christchurch School of Medicine, University of Otago,
Christchurch Hospital



Programme

<i>Saturday 29th July 2017</i>	
8.30 am	Registration. Tea and coffee on arrival.
9:00 am	Welcome from our Platinum Sponsor - Janssen Pharmaceuticals
9.05 am	Welcome - Guna Sekaran Kanniah NZHPA Pharmacists in Mental Health SIG Convenor
9.10 am	Keynote Speaker – Personality Disorders Professor Roger Mulder
10.10am	A naturalistic study of olanzapine long acting injection – results from the first 150 patients Andrew McKean and Jane Vella Brincat
10.30 am Morning Tea	
11.00 am	Keynote Speaker – Huntington’s Disease Associate Professor Sandy McLeod
12.00 pm	Moving boundaries of pharmacist services within Community Mental Health towards Wellbeing Elsie Peusschers
12:25 pm	Janssen’s PFP: Three monthly paliperidone - Trinza™ Rachel Yang
12.35 pm Lunch	
1.40 pm	Keynote Speaker – Anxiety Disorders Associate Professor Caroline Bell
2.40 pm	An update from the Maudsley Forum September 2016 Guna Sekaran Kanniah
3.00 pm Afternoon Tea	
3.20 pm	Keynote Speaker – Motivational interviewing techniques for achieving medication adherence Cynthia Spittal
4:20 pm	Busting the Myths Rowena Jones
4.40 pm	GP prescribing of Clozapine Sue Watson
5:00 pm	Open Forum – Topics for General Discussion Community Clozapine training package online
5.25 pm	Close
6.30 pm	Dinner Pre-dinner drinks from 6.30.

Sunday 30th July 2017

8.10 am **NZHPA Mental Health SIG AGM** (NZHPA Mental Health SIG members only)

8:35 am **Clozapine – Getting the dose right**
Kyra Sycamore

9.00 am **Keynote Speaker – Antipsychotics and Dementia**
Dr Matthew Croucher

10.00 am **Keynote Speaker – Psychiatry and Genetics**
Dr Alexa Kidd

11.00 am Morning Tea

11.15 am **Analysis of Electronic prescribing data to improve prescribing within a psychiatric inpatient population**
Jane Vella Brincat and Andrew McKean

11.40 am **Red results, Rechallenge and Clozapine**
Ariel Hubbert

12.05 pm **Rolling out an electronic medication system to a psychiatric hospital**
Kate Donaldson and Lesley Smith

12.30 pm **Antidepressant prescribing for young people in primary care**
Melanie Gamble

12:55 pm **Closing remarks** by Guna Sekaran Kanniah, Mental Health SIG Convenor

1.00 pm Lunch and Depart

We would like to thank all the following major sponsors without whose help this meeting would not be possible:

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Keynote Speakers

Professor Roger Mulder is giving the opening address on Personality Disorders and discussing amongst other things the evidence for the use of medication in the treatment. Roger Mulder's academic interests include mood disorders, personality disorders, genetics, neurobiology, suicide, and early psychosis. He is interested in the history and philosophy of psychiatry, particularly the classification of abnormal behaviour. He is also involved in research on the psychiatric aspects of medical illnesses. He has published over 150 articles and book chapters. He is editor of the journal *Personality and Mental Health*, associate editor of the *New Zealand Medical Journal* and serves on several editorial boards.

The other keynote speakers include Associate Professor Sandy MacLeod who will be speaking on Huntington's disease. Sandy MacLeod has worked as a consultation-liaison psychiatrist/neuropsychiatrist at Christchurch and Burwood Hospitals. He also commenced an additional career in 1993 in palliative medicine. He has also published over 50 articles, chapters and letters about clinical and historical topics in psychiatry and palliative medicine. Sandy has a special interest in Huntington's disease and is a very entertaining speaker.

We are also lucky to have speaking Dr Alexa Kidd who is a clinical geneticist and part time psychiatric registrar speaking on psychiatry and genetics. Alexa Kidd has worked in paediatrics and general practice before training in clinical genetics in Aberdeen. Her areas of interests include neuro and psychiatric genetics. She has had a very long standing interest in myotonic dystrophy. She has considerable experience in dysmorphology and an interest in a variety of rare syndromes including Perry syndrome and dyskeratosis congenital. She also has great enthusiasm for teaching genetics to other health professionals.

Associate Professor Caroline Bell will also be talking about anxiety disorders. Since the Canterbury earthquakes she has also been the Clinical Leader of a Specialist Mental Health service set up to treat people with post traumatic earthquake related distress. Her research interests are in anxiety disorders, particularly understanding some of the neurobiological mechanism involved. She has also researched the treatment of anxiety and has investigated the use of computerised cognitive behaviour therapy (CBT). Her current research involves studying CBT treatments in clinical settings. She is also studying the psychological and neurobiological effects of the earthquakes in both people presenting with significant earthquake related distress and those identifying as resilient.

We have invited Cynthia Spittal to come and talk to the seminar about motivational interviewing and using motivational interviewing techniques to improve medication adherence. Cynthia Spittal is a registered social worker with 30 plus years of health and welfare practice in clinical, managerial and academic roles. She is a part-time clinical educator with the Specialist Mental Health Training Unit, CDHB. She holds training portfolios in Risk Assessment and Management (both Violence to Others and Suicide), Professional Supervision, Family Inclusive Practice and Talking Therapies (Motivational Interviewing). She also contributes to training in adult education. Cynthia also has a small private practice in Professional Supervision and Workplace Coaching.

Matthew Croucher is a Psychiatrist of Old Age working for the Canterbury District Health Board and the University of Otago in Christchurch. Improving services for all people living with dementia as well as for those that care about them is a special interest. Matthew has roles in dementia service leadership, teaching and training, as well as being involved with clinical services in Canterbury, regionally in the South Island, and nationally. He is the Medical Advisor for Alzheimers Canterbury and a member of the Alzheimers New Zealand Scientific Advisory Committee. Matthew Croucher is widely published and an in demand speaker.